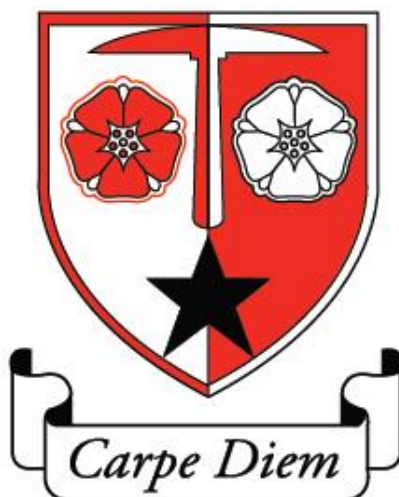


# Audenshaw School



## SEX & RELATIONSHIP EDUCATION POLICY

This policy is reviewed every 2 years by the Standards Committee.

### History of Document

Issue No	Author/Owner	Date Written	Approved by the Standards Committee	Received by Governors	Comments
Issue 1.5	Perri Brookes	02/10/15	12/10/15	12/10/15	Minor amendments.
Issue 1.6	Perri Brookes	10/10/16	10/10/16	10/10/16	Reviewed, no amends to be made.
Issue 1.7	Perri Brookes	11/10/18	24/10/18	24/10/18	Minor amendments.
Issue 1.8	Perri Brookes	15/07/20	05/10/20	05/10/20	Minor amendments and shared with parents
Issue 1.9	Perri Brookes	06/05/21	15/05/21	15/05/21	Changes to come content and 2 <sup>nd</sup> consultation with parents
Issue. 2	Miss K Breakell	01/08/21	31/08/21	31/08/21	Revised SRE content. Appendix changed and curriculum to go on website.
Issue 2.1	Mrs P Brookes	14/09/23	11/10/23	11/10/23	Minor amendments

## **OUR MISSION**

Our school aims to provide a quality education in a caring community based on values of respect, responsibility and resilience and a relentless pursuit of excellence in all that we do.

## **OUR VISION**

Our School will be recognised as a fully inclusive, aspirational, high achieving centre of excellence, firmly rooted in the local community.

We will create, develop and maintain a challenging and stimulating personalised learning environment where no student is overlooked or left behind and where teaching and learning is high quality, inspirational and innovative.

We will consistently have high academic standards and expectations for every individual and continue to place considerable value on sport and healthy living and developing strong links with the community.

All members of our school community will be valued and every success will be celebrated.

Our School will maintain a safe, secure and caring environment in which to work and learn.

## **AUDENSHAW SCHOOL SAFEGUARDING STATEMENT**

**This School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.**

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## INTRODUCTION

For the purpose of this Policy, the “School” is defined as employees, governors, pupils and third parties such as contractors, agency workers and consultants acting on behalf of the organisation.

RSE and Health Education is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE and Health Education involves a combination of sharing information, and exploring issues and values.

RSE and Health Education is not about the promotion of sexual activity.

## 1. AIMS AND OBJECTIVES OF THE POLICY

### Statement of belief

At secondary school level, Sex & Relationship Education should prepare students for an adult life in which they can:

- Develop positive values and a moral framework that will guide their judgements, decisions, and behaviour.
- Embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy.
- Understand the consequences of their actions and behave responsibly within sexual and pastoral relationships. Pupils should understand the benefits of healthy relationships to their mental wellbeing and self-respect. Through gaining the knowledge of what a healthy relationship is like, they can be empowered to identify when relationships are unhealthy. They should be understand that unhealthy relationships can have a lasting, negative impact on mental wellbeing.
- Have the confidence and self-esteem to value themselves and others and respect for individual conscience and the skills to judge the kind of relationships they want.
- Communicate their wishes and feelings effectively.
- Be aware of their sexuality and understand human sexuality.
- Understand the arguments for delaying sexual activity and the reasons for having protected sex.

- Have sufficient information and skills to protect themselves and, where they have one, their partner from unwanted conceptions and sexually transmitted infections, including HIV.
- Identify and challenge any Peer and Peer abuse happening to themselves or others.
- Avoid being exploited or exploiting others and being pressured into unwanted or unprotected sex
- Access confidential sexual health advice, support and, if necessary, treatment.
- Know how the law applies to sexual relationships.
- To make links with parents to help them understand how best to talk to their sons about sex and relationships.

## **2. THE ORGANISATION AND DELIVERY OF SEX AND RELATIONSHIP EDUCATION**

- The Curriculum Leader of RS and Curriculum for Learning is responsible for the co-ordination of SRE.
- SRE will be delivered through dedicated curriculum time in C4L lessons (Years 7 to 11) Key Stage three will have this delivery one hour per fortnight and key stage four will be one hour per week. Form time character lessons are now being use for formative assessment as students and form tutors use the topics in C4L to spark conversations with their form. This has all be resources by EJO and is available for years 7-10.
- The SRE lessons are taught at the end of each year and students will be given age appropriate content. Years 7 and 8 focus heavily on puberty and maintaining healthy relationships. Years 9 and 10 focus on safe sex, health relationships and red flags.
- Students will also access SRE content through assemblies, drop down days and external speakers and workshops.
- Ground rules are established, question boxes are used, reflection is encouraged, and debate is used to complement the programme of study.

A dedicated spiral curriculum is used. All resources come from accredited programmes of studies and the suggested scheme is from the Tameside SRE programme (2018) This curriculum takes full account of the government's statutory guidance on RSE and Health Education. (February 2019). The same topics are covered by all the SRE team in a strict scheme of work so that all students have equal

provision. A range of activities are employed: pair work, group work, debate, media clips to facilitate discussion, outside speakers and practical demonstrations. (See Appendix 2 – Year 7 – 11 SRE and Health topics)

We also use the provision bought in from Crea8tive resources which have been used to enhance learning further.

External agencies, such as, health care workers, LGBT speakers and Tameside safe sex team will all be used in the programme. New resources which have been created for Tameside by Tough Cookies have also been added to the learning journey for SRE

- We liaise with the Sexual Health Intervention and Prevention Team Manager: Gary Hall.  
YOUthink team  
Telephone: 0161 342 7672  
Email: [gary.hall@tameside.gov.uk](mailto:gary.hall@tameside.gov.uk)

### 3. PARENTS' RIGHT TO WITHDRAW

Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

The full policy and curriculum content map has been shared with all parents in October 2020 and again in May 2021. Parents are encouraged to contact the school if they have any concerns.

If a parent/carer wishes to remove their child from the SRE programme, they will be invited in to School to discuss the programme and its benefits with the SRE co-ordinator, **Mrs P Brookes**.

[brookesp@audenshawschool.org.uk](mailto:brookesp@audenshawschool.org.uk)

If they still wish to remove their child then that student will be expected to undertake independent study supervised by an adult.

#### **Use of visitors:**

The programme of study will be supported by the following visitors to school: the school nurse; LGBT+ group the Proud Trust and the YouThink team.

These visitors will be accompanied by a member of the SRE team and/or a Year Leader at all times. They will be made aware of the School's expectations regarding our students and our morals and values. None of these visitors will work in classrooms unsupervised.

#### **4. PROCEDURES FOR MONITORING AND EVALUATION**

Please see Appendix 3.

Member of staff responsible for the monitoring and evaluation of the programme of study and the SRE policy is the SRE co-ordinator, Mrs P Brookes.

#### **5. DISSEMINATION OF THE POLICY**

The Policy will be made available to all staff, students, parents and carers on the school website.

## APPENDIX 1 LOW

TOPIC	STUDENTS SHOULD KNOW
Families	<ul style="list-style-type: none"> <li>• That there are different types of committed, stable relationships</li> <li>• How these relationships might contribute to human happiness and their importance for bringing up children</li> <li>• What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony</li> <li>• Why marriage is an important relationship choice for many couples and why it must be freely entered into</li> <li>• The characteristics and legal status of other types of long-term relationships</li> <li>• The roles and responsibilities of parents/carers with respect to raising of children, including the characteristics of successful parenting</li> <li>• How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed</li> </ul>
Respectful relationships, including friendships	<ul style="list-style-type: none"> <li>• The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship</li> <li>• Practical steps they can take in a range of different contexts to improve or support respectful relationships</li> <li>• How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice)</li> <li>• That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs</li> <li>• About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help</li> <li>• That some types of behaviour within relationships are criminal, including violent behaviour and coercive control</li> <li>• What constitutes sexual harassment and sexual violence and why these are always unacceptable</li> <li>• The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal</li> </ul>



TOPIC	STUDENTS SHOULD KNOW
Online and media	<ul style="list-style-type: none"> <li>• Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online</li> <li>• About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online</li> <li>• Not to provide material to others that they would not want shared further and not to share personal material which is sent to them</li> <li>• What to do and where to get support to report material or manage issues online</li> <li>• The impact of viewing harmful content</li> <li>• That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners</li> <li>• That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail</li> <li>• How information and data is generated, collected, shared and used online</li> </ul>
Being safe	<ul style="list-style-type: none"> <li>• The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships</li> <li>• How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online)</li> </ul>

## APPENDIX 2

# Year 7 Curriculum Overview (References included)

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## MANAGING CHANGE

## Managing Change Unit

## MANAGING CHANGE

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Intro to PSHE	Getting to know people	What is a community?	Careers and your future	Sleep and relaxation	Financial Education	Transition points and your life
	GB	BV	GB		GB	GB
Optional - PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Citizens, Society and Board Games Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

## PUBERTY & BODY DEVELOPMENT

## Puberty Body Development Unit

## PUBERTY & BODY DEVELOPMENT

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Intro to Puberty	Puberty (Girls focus)	Puberty (Boys focus)	Personal Hygiene inc Oral Hygiene	Growing up and FGM	Assertiveness, consent and Hormones	Self Esteem & empowerment
SH - TB	SH - TB	SH - TB	SH - TG	SH - TB, RSE	SH - TB	GB, SH
Optional - PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Teenage puberty magazine Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

## POLITICS, PARLIAMENT & ME

## Politics, Parliament and Me Unit

## POLITICS, PARLIAMENT & ME

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Why is politics important	How is our country run	Create a political party	Elections and campaigning	Politics and Debating	Exploring inside Parliament	Who is the new Prime Minister
CIT, BV	CIT, GB, BV	CIT	CIT	CIT, BV	CIT, BV	CIT, BV
Optional - PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values CIT = KS3 Citizenship RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Building a new parliament Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

## STAYING SAFE ONLINE & OFFLINE

## Staying Safe Online & Offline Unit

## STAYING SAFE ONLINE & OFFLINE

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Avoiding Gangs	Staying Safe Online	Fortnite, Gaming & online gaming	What is alcohol?	What is smoking?	E-Cigs and vaping	Energy Drinks (Carrying a knife)
Laws	SH - T2	SH - T2	SH - T5	SH - T5	SH - T5	RSE, SH - T5
Optional - PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Launching a mobile phone App Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

## Year 7 Curriculum Overview

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Celebrating Differences Unit													
Lesson 1		Lesson 2		Lesson 3		Lesson 4		Lesson 5		Lesson 6		Lesson 7 (Lesson 8)	
Multicultural Britain		What is your identity?		Nature Vs Nurture		Equality Act 2010		Breaking down Stereotypes		Prejudice and Discrimination		Challenging Islamophobia	
CIT		BV, CIT, RSE – T2		CIT		BV, CIT, RSE – T2		BV, CIT, RSE – T2		BV, CIT, RSE – T2		CIT, RSE – T2	
Optional –PSHE Student Work Book that follows the lessons above													
KEY CIT = Citizenship BV = British Values SH = Statutory Health. RSE = Statutory RSE												Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities		Term Time Project: Identity Show table Project (Previous gem stone Assessment criteria available with a graduation portfolio)											

Friendships, Respect & Relationships Unit						
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Consent and boundaries	Respect and relationships	What makes a good friend	Friendships and managing them	Being positive & Self Esteem	Pressure & Influence	What does it mean to be a man?
RSE – T4	RSE – T2	SH T1 & RSE T2	SRE – T1	RSE – T2	RSE – T1	
Optional – PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Time Box Project (Previous gem stone Assessment criteria available with a graduation portfolio)					



### Statutory RSE Topics

- ☐ [Topic 1] Families
- ☐ [Topic 2] Respectful relationships, including friendships
- ☐ [Topic 3] Online and the Media
- ☐ [Topic 4] Being safe
- ☐ [Topic 5] Intimate and sexual relationships, including sexual health

### Statutory Health Topics

- ☐ [Topic 1] Mental Wellbeing
- ☐ [Topic 2] Internet Safety & Harms
- ☐ [Topic 3] Physical Health and Wellbeing
- ☐ [Topic 4] Healthy Eating
- ☐ [Topic 5] Drugs, Alcohol and Tobacco
- ☐ [Topic 6] Health and Prevention
- ☐ [Topic 7] Basic First Aid
- ☐ [Topic 8] Changing Adolescent body

## Year 8 Curriculum Overview

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Proud to be me Unit						
PROUD TO BE ME!						PROUD TO BE ME!
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Employability Skills	Proud to be me + Career choices	Career interests and Jobs	Self Esteem and the Media	Labour market information	Exploring careers	
GB	GB, RSE		RSE – T2	GB	GB	GB
Optional –PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Jigsaw Blanket of Happiness Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

Physical Health & Mental Wellbeing Unit						
PHYSICAL HEALTH MENTAL WELLBEING		PHYSICAL HEALTH MENTAL WELLBEING				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Health and Wellbeing	What is mental health?	Positive body image	Child abuse	Types of Bullying	Healthy eating and Cholesterol	Stress management 1
SH = T1	SH = T1	SH = T2, RSE = T3	RSE = T2	RSE = T2	SH = T4	SH = T1
Optional – PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Launching a leisure center Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

Law, Crime & Society Unit						
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Desert Island Living	Building a community	Making decisions & making priorities	Criminals, laws and society	Law making in the UK	Prisons, Reform and Punishment	n/a
CIT	CIT, GB, BV	CIT	CIT, BV	CIT, BV	CIT	
Optional –PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    CIT = Citizenship .    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Prisons for the future display Project (Previous gem stone Assessment criteria available with a graduation portfolio)					

DANGEROUS SOCIETY ONLINE OFFLINE				Dangerous Society Online & Offline Unit			DANGEROUS SOCIETY ONLINE OFFLINE	
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
County Lines – What is it?	County Lines – Who is at risk?	Substance misuse	Online safety – Cyber bullying	Grooming Boys and Girls	Drugs Education – Alcohol safety	Child Exploitation and online protection		
		SH –T5	SH -2, RSE -T1	SH -2, RSE -T1	SH –T5	SH -2, RSE -T1		
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities		Term Time Project: Become the teacher Project (Previous gem stone Assessment criteria available with a graduation portfolio)						

## Year 8 Curriculum Overview

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LGBTQA+ Explored Unit								
LGBTQA+ EXPLORED	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)	LGBTQA+ EXPLORED
	Intro to Year 8 Lesson	LGBT what is it?	LGBT Homophobia in schools	Supporting those that are LGBT	Challenging homophobia	Transphobia	Coming Out	
		RSE		BV	BV			
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard   BV = British Values   SH = Statutory Health.   RSE = Statutory RSE							Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: LGBT+ Champion Speech competition Project (Previous gem stone Assessment criteria available with a graduation portfolio)							

Identity, Relationships & Sex Education Unit						
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Intro to relationships and sex education	Healthy relationships	Dealing with conflict	Sexual Orientation	Gender Identity	Introduction to contraception	What is Love (Periods and menstrual cycles)
RSE – T3	RSE – T6		RSE – T1	RSE – T1	RSE – T6	SH – T8
Optional – PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Body image and social Media Project (Previous gem stone Assessment criteria available with a graduation portfolio)					



### Statutory RSE Topics

- ☐ [Topic 1] Families
- ☐ [Topic 2] Respectful relationships, including friendships
- ☐ [Topic 3] Online and the Media
- ☐ [Topic 4] Being safe
- ☐ [Topic 5] Intimate and sexual relationships, including sexual health

### Statutory Health Topics

- ☐ [Topic 1] Mental Wellbeing
- ☐ [Topic 2] Internet Safety & Harms
- ☐ [Topic 3] Physical Health and Wellbeing
- ☐ [Topic 4] Healthy Eating
- ☐ [Topic 5] Drugs, Alcohol and Tobacco
- ☐ [Topic 6] Health and Prevention
- ☐ [Topic 7] Basic First Aid
- ☐ [Topic 8] Changing Adolescent body

## Year 9 Curriculum Overview

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Essential life skills Unit								
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
From Failure to Success	First Aid Lesson (2-3 Hours)	Importance of Happiness	What is anger?	Saving and managing money	Employment & Financial management	Social media and online stress		
GB	SH	SH		GB	GB	SH		
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities	Term Time Project: Fair Trade Project (Previous gem stone Assessment criteria available with a graduation portfolio)							
Body Confidence Unit								
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
Self esteem changes	What is a penis?	What is a vulva?	HBT – Bullying in all its forms	Dealing with Grief and loss	Media and Airbrushing	Cancer Prevention & Healthy lifestyles		
SH	SH	SH			SH, RSE	SH		
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities	Term Time Project: School Health & wellbeing Project (Previous gem stone Assessment criteria available with a graduation portfolio)							
Combatting Extremism & Terrorism Unit								
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
Conspiracies & Extremist narratives	Extremism in all its forms	What is Terrorism?	Proud to be British	The radicalisation process	Counter Terrorism	Anti – Semitism		
CIT	CIT	CIT	BV, CIT	CIT	CIT	CIT		
Optional –PSHE Student Work Book that follows the lessons above								
KEY CIT = Citizenship. BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities	Term Time Project: Creating a Fake Newspaper Project (Previous gem stone Assessment criteria available with a graduation portfolio)							
Legal & Illegal Drugs Unit								
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
Introduction to drugs	Different types of Addictions	Cannabis products	Drug Classifications	"Party" Drugs – The dangerous side	Exploring illegal drugs & Effects	Volatile Substance Abuse		
SH	SH	SH	SH	SH	SH	SH		
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities	Term Time Project: The War on Drugs Strategy Project (Previous gem stone Assessment criteria available with a graduation portfolio)							

## Year 9 Curriculum Overview

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SEX THE LAW & CONSENT							SEX THE LAW & CONSENT	
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
Sexual Consent & the law	FGM & The Law	Delaying Sexual Activity	Why have Sex?	Relationships and Partners	Pleasure and Masturbation	What are STIs?		
RSE – T4	RSE – T4	RSE-T6	RSE – T6	RSE – T6	RSE – T6	RSE – T6		
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard   BV = British Values   SH = Statutory Healths.   RSE = Statutory RSE						Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment		
Homework Opportunities		Term Time Project: New Reality TV Show (Previous gem stone Assessment criteria available with a graduation portfolio)						

CONTRACEPTION & STI'S		Contraception & STI's Unit					CONTRACEPTION & STI'S	
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
STI Lesson	Contraception Available	The Condom Lesson	Exploring the realities of Contra.	Sexual Harassment & Stalking	HIV and AIDS	AIDS – Prejudice & Discrimination		
RSE – T6	RSE – T6	RSE – T6	RSE – T6	RSE – T6	RSE – T6	RSE – T6		
Optional – PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard   BV = British Values   SH = Statutory Health.   RSE = Statutory RSE						Optional – End of Unit Team Assessment Quiz Optional – End of Unit Confidence Assessment		
Homework Opportunities		Term Time Project: Sexual Health Forum Debate (Previous gem stone Assessment criteria available with a graduation portfolio)						



### Statutory RSE Topics

- ☐ [Topic 1] Families
- ☐ [Topic 2] Respectful relationships, including friendships
- ☐ [Topic 3] Online and the Media
- ☐ [Topic 4] Being safe
- ☐ [Topic 5] Intimate and sexual relationships, including sexual health

### Statutory Health Topics

- ☐ [Topic 1] Mental Wellbeing
- ☐ [Topic 2] Internet Safety & Harms
- ☐ [Topic 3] Physical Health and Wellbeing
- ☐ [Topic 4] Healthy Eating
- ☐ [Topic 5] Drugs, Alcohol and Tobacco
- ☐ [Topic 6] Health and Prevention
- ☐ [Topic 7] Basic First Aid
- ☐ [Topic 8] Changing Adolescent body

## Year 10 Curriculum Overview

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Rights & Responsibilities Unit						
RIGHTS & RESPONSIBILITIES		RIGHTS & RESPONSIBILITIES				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Instagram Generation	Targeted Advertising	Marriage what is it?	Rights & Responsibilities	Consumer Rights	Employment rights	Exploring a pay check
SH – T2	SH – T2 & RSE – T3	RSE – T1	GB	GB, FE	GB, FE	GB, FE
Optional –PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard   FE = Financial Education   SH = Statutory Health.   RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						

Mental Health and Wellbeing Unit								
MENTAL HEALTH & WELLBEING	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)	MENTAL HEALTH & WELLBEING
Child abuse (CSE)	Screen time & Safe mobile Phone use	Common types of Mental Health	Self Harm	Suicidal thoughts & Support	Promoting emotional wellbeing			
RSE -T2	SH - T2	SH – T1			SH – T1			
Optional –PSHE Student Work Book that follows the lessons above								
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE						Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment		
Homework Opportunities								

Exploring British Values Unit						
EXPLORING BRITISH VALUES		EXPLORING BRITISH VALUES				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Critical thinking & Fake News	What is a cult?	Exploring Britishness and British Values	LGBT Rights & British Values	What are Human Rights	Exploring Human Rights	
BV, CIT	BV, CIT	BV, CIT	BV, CIT	BV, CIT	BV, CIT	
Optional -PSHE Student Work Book that follows the lessons above						
KEY CIT = Citizenship.    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						

Violence, Crimes & Seeking Safety Unit				Violence, Crimes & Seeking Safety Unit		
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Honour based Violence	Forced Marriages	Online Gambling	Social Media Validation	Keeping Data Safe	Modern Day Slavery	Preventing Knife Crime
RSE – T1	RSE – T4	SH –T2	SH –T2	SH –T2, RSE –T3	CIT	
Optional –PSHE Student Work Book that follows the lessons above						
KEY CIT = Citizenship.    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE					Optional – End of Unit Team Assessment Quiz Optional – End of Unit Confidence Assessment	
Homework Opportunities	Term Time Project: Citizens, Society and Board Games Project (Previous gem stone Assessment criteria available with a graduation portfolio)					



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EXPLORING WORLD ISSUES		Exploring World Issues Unit					EXPLORING WORLD ISSUES	
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)		
International Organisations	Brexit	Aid and Supporting Other Countries	Fair Trade	Peace, War and Conflict	Women's Rights & Equality	#MeToo Movement & Times Up		
CIT	CIT	BV, CIT	CIT	CIT	BV, CIT,	CIT, RSE		
Optional - PSHE Student Work Book that follows the lessons above								
KEY CIT = Citizenship, BV = British Values SH = Statutory Health, RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment			
Homework Opportunities								

Exploring relationships & Sex Education Unit							
Exploring Relationships SEX EDUCATION	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8) Exploring Relationships SEX EDUCATION
	Campaigning against FGM	Sexing Nudes and Dick Pics	Porn Lesson 1 Porn Life vs Real Life	Porn materials and attitudes	Domestic abuse and violence	Sexual violence (Assault and Rape)	Sexualisation of the media
	RSE -T4	SH -T2 & RSE - T3	SH -T2 & RSE - T3	RSE - T6	RSE - T6	RSE - T6	RSE - T3
Optional -PSHE Student Work Book that follows the lessons above							
KEY GB = Gatsby Benchmark Careers Standard    BV = British Values    SH = Statutory Health.    RSE = Statutory RSE							Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment
Homework Opportunities							



### Statutory RSE Topics

- ☐ [Topic 1] Families
- ☐ [Topic 2] Respectful relationships, including friendships
- ☐ [Topic 3] Online and the Media
- ☐ [Topic 4] Being safe
- ☐ [Topic 5] Intimate and sexual relationships, including sexual health

### Statutory Health Topics

- ☐ [Topic 1] Mental Wellbeing
- ☐ [Topic 2] Internet Safety & Harms
- ☐ [Topic 3] Physical Health and Wellbeing
- ☐ [Topic 4] Healthy Eating
- ☐ [Topic 5] Drugs, Alcohol and Tobacco
- ☐ [Topic 6] Health and Prevention
- ☐ [Topic 7] Basic First Aid
- ☐ [Topic 8] Changing Adolescent body

# Year 11 Curriculum Overview

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## YOUR FUTURE & BEYOND

### Your future and Beyond Unit

## YOUR FUTURE & BEYOND

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Time management	LGBT Rights across the world	Dealing with exam stress & Anxiety	Insta Life Vs. Real Life	Writing a Personal statement	Writing a CV	
SH -T2	BV	HS -T6	SH -T2 & RSE - T3	GB	GB	
Optional -PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						

## ADULT HEALTH & LOOKING AFTER YOURSELF

### Adult Health & Looking After Yourself Unit

## ADULT HEALTH & LOOKING AFTER YOURSELF

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Organ donation & Donating Blood	Teenage Pregnancy Choices	Abortion (Morals, laws and thoughts)	Testicular & Prostate Cancer	Cervical, breast & Ovarian Cancer	Parenthood	Love & Abuse are not the same
HS -T3	RSE - T6	RSE -T6	HS -T6	HS -T6	RSE -T6	RSE -T6
Optional -PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						

## SEXUAL HEALTH

### Sexual Health Unit

## SEXUAL HEALTH

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Peer on peer bullying	Fertility and what impacts it	Alcohol and Bad Choices	Importance of Sexual Health	Revisiting contraception	Revisiting STIs	Respect and Relationships
RSE -T1	RSE -T6	RSE -T6	RSE -T6	RSE -T6	HS -T8	
Optional -PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						

## STAYING SAFE

### Staying Safe Unit

## STAYING SAFE

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7 (Lesson 8)
Virtual Reality & Live Streaming	New Psychoactive Drugs (NPS)	Festivals, Drugs	War on Drugs	Cosmetic & Aesthetic Procedures	Drugs substance addiction	Online reputation & Digital Footprints
HS -T2	HS -T5	HS -T5	HS -T5		HS -T5	HS -T2
Optional -PSHE Student Work Book that follows the lessons above						
KEY GB = Gatsby Benchmark Careers Standard BV = British Values SH = Statutory Health. RSE = Statutory RSE					Optional - End of Unit Team Assessment Quiz Optional - End of Unit Confidence Assessment	
Homework Opportunities						